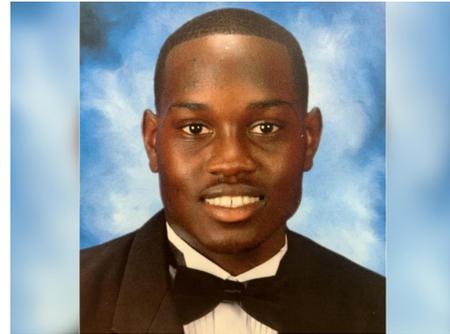


CBHA Leadership Responds to Guilty Verdict in the Murder of Ahmaud Arbery

Dear Colleagues,

Just a short while ago, a verdict came down in the murder of Ahmaud Arbery. Travis McMichael, Gregory McMichael, and William Bryan Jr. were found guilty of felony murder and other charges, including false imprisonment. Ahmaud was running in Satilla Shores, Georgia, when he was confronted and murdered by the three men on February 23rd, 2020. He was 25 years old.



Ahmaud's murder, along with other high-profile murders, including George Floyd, called upon Americans collectively to pay attention and confront a different kind of pandemic—a racial reckoning that challenges us to stand up against the systematic and structural racism that has resulted in repeated injustices and inequities against Black people in America since inception. While we are heartened by the verdict in Ahmaud Arbery's murder, we must not forget that racism is real, and the struggle is not over.

As you reflect and give thanks with the people you love, it's important to recognize that these violent, traumatic events that are often relived during the perpetrators' trials are not only traumatizing for the families of the victims but the entire community. This trial, coming on the heels of a controversial decision in the Kyle Rittenhouse trial, weighs heavily on all of us. For communities of color in the United States, especially the Black community, the psychological impact of discrimination and racial trauma has long-lasting consequences. To combat inequities and strengthen the health of our communities, we must engage in dialogue and use our collective platform to help steer the societal conversation in the direction of compassion, patience, tolerance, and selflessness.

As you celebrate Thanksgiving with the ones you love, we encourage you to utilize the resources below to help process the many emotions you may be experiencing. Most of all, please know that CBHA is here for you and stands beside you as we continue to fight for race and social equity.

In Service,

A handwritten signature in black ink, appearing to read "Le Ondra Clark Harvey".

Le Ondra Clark Harvey, Ph.D.
Chief Executive Officer

How to Cope with Traumatic
Events

Addressing Health Equity and Racial
Justice

*We appreciate UST, long-time **Affinity Member**, for their partnerships that both provide our members exceptional services and sponsor our advocacy efforts.*

We appreciate our **Business Associates** for their partnerships that both provide our members exceptional services and sponsor our advocacy efforts.



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